



GUNDERSEN
HEALTH SYSTEM®

The Trempealeau Lions Club
The Shirley M. Wright Memorial Library & Gundersen Health System
will sponsor

A FREE FAMILY FORUM for DIABETES PREVENTION

Diabetes is a leading cause of blindness, kidney failure, amputation, heart failure, and stroke. It can strike anyone. Cases of diabetes are increasing dramatically, and right now more than 30 million Americans are afflicted with this disease. Worldwide, diabetes affects more than 420 million people.

We are pleased to invite you and your family to attend a no-cost diabetes education program at the:

**Shirley M. Wright Memorial Library in Trempealeau
Tuesday, January 15, 2019 from 6:30 – 8:00 pm**

The Forum will be led by Christopher Petersen, PA-C, Gundersen Galesville Clinic physician assistant. He will be joined by Kelly Kaissen, RN, Gundersen Galesville Clinic; Jill Henscheid, RD, Gundersen registered dietitian; and by a diabetes patient who has graciously agreed to discuss the impact the disease has had on his life. Diabetes and its treatment will be explained, but the focus of the Forum will be on what individuals and families can do to prevent diabetes.

Call the Library at 608-534-6197 with any questions